

January 2021

*Children age 12-24 months receive whole milk. Children age 25 months and older receive 1% milk.

4 Monday	5 Tuesday	6 Wednesday	7 Thursday	8 Friday
Breakfast WGR Cereal, Milk 100% Orange Juice	Breakfast Yogurt Banana, Milk	Breakfast WGR Baked Oatmeal Peaches, Milk	Breakfast Waffles Mandarin Oranges, Milk	Breakfast WGR Cereal, Milk 100% Orange Juice
Lunch Breaded Chicken Pieces Mashed Potatoes w/gravy Peaches Milk	Lunch Beef & WGR Rice Casserole Cooked Carrots Fruit Cocktail Milk	Lunch Chicken Fajita Corn Pineapple Milk	Lunch WGR Spaghetti Meat Sauce Apricots, Salad Milk	Lunch Macaroni and Cheese Green Beans Applesauce Milk
PM Snack Chips and Salsa Water	PM Snack Ritz Bits 100% Juice	PM Snack Apple Slices Crackers, Water	PM Snack Yogurt parfait with cheerios Water	PM Snack Hard Boiled Egg Crackers, Water
11 Monday	12 Tuesday	13 Wednesday	14 Thursday	15 Friday
Breakfast WGR Cereal, Milk 100% Orange Juice	Breakfast English muffins w/jelly Apple Slices, Milk	Breakfast WGR Cereal Banana, Milk	Breakfast Yogurt Fresh Fruit, Milk	Breakfast WGR Cereal 100% Orange Juice, Milk
Lunch Meatball Sub Succotash Clementines/Oranges Milk	Lunch Chicken Rice Casserole w/WGR brown rice Pineapple, Cooked Carrots Milk	Lunch Baked Ziti with Meat Salad Mixed Fruit Milk	Lunch WGR Zoo Chicken Nuggets California Blend Veggies Pears Milk	Lunch Cheeseburger on roll Green Beans Applesauce Milk
PM Snack Scooby Snacks Milk	PM Snack Corn Chex Milk	PM Snack Celery Sticks, Wow Butter Tods: wheat crackers/cukes, water	PM Snack Trail Mix 100% Juice	PM Snack Clementine/Oranges Crackers, Water

MENU SUBJECT TO CHANGE



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18 Monday	19 Tuesday	20 Wednesday	21 Thursday	22 Friday
Breakfast WGR Cereal, Milk 100% Orange Juice	Breakfast Pancakes Applesauce, Milk	Breakfast Yogurt Banana, Milk	Breakfast WGR Baked Oatmeal Peaches, Milk	Breakfast WGR Cereal, Milk 100% Orange Juice
Lunch Beef BBQ on a Roll Smiley Fries Mixed Fruit Milk	Lunch Chicken Quesadilla w/Corn on Tortilla Pineapple, Cheese, Salsa Sour Cream, Milk	Lunch Chicken Salad on Roll Green Beans, Oranges Milk	Lunch Tator tot casserole w/ meat Butter bread Apricots Milk	Lunch (tods cooked carrots) Chicken Noodle or Rice Soup Carrots and Celery Sticks Mixed Fruit Milk
PM Snack Chex Mix Milk	PM Snack (small curd) Cottage Cheese Pears, Water	PM Snack Hard Boiled Egg, Water WGR Wheat Crackers	PM Snack Banana Bread Milk	PM Snack Cheese Cubes Apples Slices, Water

25 Monday	26 Tuesday	27 Wednesday	28 Thursday	29 Friday
Breakfast WGR Cereal 100% Orange juice Milk	Breakfast Cheese Toast Peaches Milk	Breakfast Yogurt Banana Milk	Breakfast Bagel w/jelly Orange Slices Milk	Breakfast WGR Cereal 100% Orange Juice Milk
Lunch Beef & Macaroni Peas, Applesauce Milk	Lunch Chef salad w/egg,turk,chs. WGR Crackers, Oranges Milk	Lunch Chicken Alfredo Broccoli, Pears Milk	Lunch Ham and Cheese Burrito Green Beans, Pineapple Milk	Lunch Grilled Cheese Sandwich Tomato soup, Mixed fruit Milk
PM Snack Ritz Bits 100% Juice	PM Snack Chips and Salsa Water	PM Snack Apple Slices WGR Crackers, Water	PM Snack Scooby Snacks Milk	PM Snack Cucumbers and Carrots Milk

