






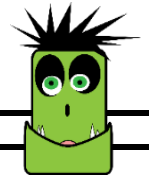
October








*Children age 12-24 months receive whole milk. Children age 25 months and older receive 1% milk.

Monday	1 Tuesday	2 Wednesday	3 Thursday	4 Friday
Breakfast	Breakfast WGR Bagels & Jelly 100% Orange Juice Milk	Breakfast WGR Cereal 100% Orange Juice Milk 	Breakfast Yogurt, Strawberries & Granola Milk	Breakfast WGR Cereal 100% Orange Juice Milk
Lunch	Lunch Beef & Vegetable Chili Pears Corn Bread Milk	Lunch Ham & Pineapple Sandwich Pineapple Tidbits Garden Salad Milk	Lunch Chicken Alfredo w/ Penne Broccoli Peaches Milk	Lunch Chicken Noodle Soup w/ Vegetables Pears Milk
PM Snack	PM Snack Bug Bites Milk 	PM Snack Goldfish Milk	PM Snack WGR Scooby Snacks Milk	PM Snack Ritz Crackers String Cheese, Water
7 Monday	8 Tuesday	9 Wednesday	10 Thursday	11 Friday
Breakfast WGR Cereal 100% Orange Juice Milk	Breakfast French Toast Sticks Milk 100% Orange Juice	Breakfast WGR Cereal 100% Orange Juice Milk	Breakfast WGR Banana Bread Muffins, Bananas Milk	Breakfast WGR Cereal 100% Orange Juice Milk
Lunch Spaghetti & Meatballs Italian Veg Pineapples Milk	Lunch Turkey Sandwiches Garden Salad Pears Milk	Lunch Chicken Fried Rice Asian Salad Mandarin Oranges Milk	Lunch Beef & Potato Stew Garlic Bread Apple Slices Milk 	Lunch Chicken Dumpling Soup w/ Vegetables Peaches Milk
PM Snack Animal Crackers Milk	PM Snack WGR Graham Crackers Milk	PM Snack Cheezits Milk	PM Snack Lorna Doones Milk	PM Snack Red Pepper Hummus Naan Dippers, Water

*MENU SUBJECT TO CHANGE



*Children age 12-24 months receive whole milk. Children age 25 months and older receive 1% milk.

14 Monday	15 Tuesday	16 Wednesday	17 Thursday	18 Friday
Breakfast WGR Cereal, Milk 100% Orange Juice	Breakfast WGR Pancakes w/ Syrup Milk 100% Orange Juice	Breakfast WGR Cereal, Milk 100% Orange Juice	Breakfast WGR Bagels w/ Jelly Milk, 100% Orange Juice	Breakfast WGR Cereal, Milk 100% Orange Juice
Lunch Boneless Chicken Wings, Tater Tots Mango Slices Milk	Lunch Beef Stroganoff w/ Egg Noodles, Scalloped Potatoes, Pears Milk	Lunch Penne & Sausage Pasta w/ Blush Sauce, Broccoli Peaches Milk	Lunch Open Face Turkey Sandwich, Green Beans Pineapples Milk	Lunch Cheese Ravioli w/ Meat Sauce, Italian Veg, Fruit Cocktail Milk
PM Snack Teddy Grahams Milk	PM Snack Cheddar Chex Mix Milk	PM Snack Bug Bites  Milk	PM Snack Goldfish Milk	PM Snack Goldfish, Cheese Cubes Water
21 Monday	22 Tuesday	23 Wednesday	24 Thursday	25 Friday
Breakfast WGR Cereal, Milk 100% Orange Juice	Breakfast Yogurt, Strawberries, & WGR Granola, Milk	Breakfast WGR Cereal, Milk 100% Orange Juice	Breakfast Waffles w/ Syrup, Milk 100% Orange Juice	Breakfast WGR Cereal, Milk 100% Orange Juice
Lunch Swedish Meatballs & Egg Noodles, Broccoli, Fruit Salad Milk	Lunch Beef Taco & Rice Casserole Pineapples, Corn, Milk	Lunch Tuscan Chicken w/ Spinach & Tomatoes Garlic Bread, Pears Milk	Lunch Cuban Sandwiches w/ Pork Cali Blend Diced Apples Milk	Lunch Pork Loin Pumpkin Risotto Mango Slices Milk
PM Snack  Scooby Snacks Milk	PM Snack Animal Crackers Milk	PM Snack Graham Crackers Milk	PM Snack WGR Cheezits Milk	PM Snack Garlic Hummus Naan Dippers, Water
28 Monday	29 Tuesday	30 Wednesday	31 Thursday HALLOWEEN!	
Breakfast WGR Cereal, Milk 100% Orange Juice	Breakfast  French Toast Sticks Milk, 100% Orange Juice	Breakfast WGR Cereal, Milk 100% Orange Juice	Breakfast WGR Belgian Waffles w/ Strawberries, Milk, 100% OJ	
Lunch Rigitoni Bolognese Italian Veg Fruit Cocktail Milk	Lunch Tater Tot Nachos w/ Beef Tortilla Chips Pineapples Milk	Lunch Cheeseburger Mac Italian Veg Peaches Milk	Lunch Spooky Chicken Nuggets Tater Tots Pears Milk	
PM Snack Lorna Doones Milk	PM Snack WGR Teddy Grahams Milk	PM Snack Cheddar Chex Mix Milk	PM Snack  Bug Bites Milk	