

*Children age 12-24 months receive whole milk. Children age 25 months and older receive 1% milk

October 2018

1 Monday	2 Tuesday	3 Wednesday	4 Thursday	5 Friday
Breakfast WGR Cereal, Milk 100% Orange Juice	Breakfast English muffins w/jelly Apple Slices, Milk	Breakfast WGR Cereal Banana, Milk	Breakfast Yogurt Fresh Fruit, Milk	Breakfast WGR Cereal, Milk 100% Orange Juice
Lunch Meatball Sub Succotash Peaches Milk	Lunch Chicken Rice Casserole w/WGR brown rice Pineapple, Cooked Carrots Milk	Lunch Baked Ziti with Meat Salad Mandarin Oranges Milk	Lunch Zoo Crew Chicken Nuggets California Blend Veggies Apricots Milk	Lunch Cheeseburger on roll Green Beans Applesauce Milk
PM Snack Celery Sticks w/Wow Buttr Tods: wheat crackers/cukes, water	PM Snack Banana Bread Milk	PM Snack Trail Mix Milk	PM Snack Cheese Slices, water WGR Crackers	PM Snack Chips and Salsa Water

8 Monday	9 Tuesday	10 Wednesday	11 Thursday	12 Friday
Breakfast WGR Cereal, Milk 100% Orange Juice	Breakfast Orange Cranberry Bread Applesauce, Milk	Breakfast WGR Cereal Banana, Milk	Breakfast WGR Baked Oatmeal Peaches, Milk	Breakfast WGR Cereal, Milk 100% Orange Juice
Lunch Beef BBQ on a Roll Smiley Fries Mixed Fruit Milk	Lunch Chicken Quesadilla w/Corn on WGR Tortilla Apricots, Cheese, Salsa Sour Cream, Milk	Lunch Chicken Salad on Roll Green Beans, Oranges Milk	Lunch Chicken w/stir fry Veggies WGR Rice Pineapple Milk	Lunch Pizza California Blend Veggies Mixed Fruit Milk
PM Snack Hard Boiled Egg Ritz Crackers, water	PM Snack Chex Mix 100% Juice	PM Snack (Small Curd) Cottage Chee Pears, Water	PM Snack Graham Crackers Milk	PM Snack Cheese cubes Apple slices, water

MENU SUBJECT TO CHANGE



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15 Monday	16 Tuesday	17 Wednesday	18 Thursday	19 Friday
Breakfast WGR Cereal 100% Orange juice Milk	Breakfast WGR Cheese Toast Pears Milk	Breakfast WGR Cereal Bananas Milk	Breakfast WGR Bagel w/jelly Orange Slices Milk	Breakfast WGR Cereal 100% Orange Juice Milk
Lunch Chicken Pot Pie Peas, Applesauce Milk	Lunch Chef salad w/egg,turk,chs. Crackers, Orange Slices Milk	Lunch Chicken Alfredo Broccoli, Peaches Milk	Lunch Ham and Cheese Burrito Green Beans, Pineapple Milk	Lunch Grilled Cheese Tomato soup, Mixed fruit Milk
PM Snack Chips and Salsa Water	PM Snack Ritz Bits 100% Juice	PM Snack Oatmeal Muffin Squares Milk	PM Snack Cucumbers and Carrots Milk	PM Snack Yogurt parfait with cheerios water

22 Monday	23 Tuesday	24 Wednesday	25 Thursday	26 Friday
Breakfast WGR Cereal 100% Orange Juice Milk	Breakfast WGR Baked Oatmeal Peaches Milk	Breakfast Cereal Banana Milk	Breakfast Pancakes w/syrup Fruit Cocktail Milk	Breakfast WGR Cereal 100% Orange Juice Milk
Lunch Cheeseburger on Roll Smiley Fries, Apricots Milk	Lunch Taco Chicken over Rice Corn, Pineapple, Milk cheese, sour cream, salsa	Lunch Beef Stroganoff WGR pasta Pears, Peas Milk	Lunch Chicken Salad on Roll Green Beans, Oranges Milk	Lunch Swedish Meatballs, Apples Noodles, Cooked Carrots Milk
PM Snack Cheese slice, water Mandarin Oranges	PM Snack Ham slice, water Saltines	PM Snack Ginger Bread Milk	PM Snack Apple Slices, water WGR Wheat Crackers	PM Snack Clementine/Oranges Crackers, Water

29 Monday	30 Tuesday	31 Wednesday
Breakfast WGR Cereal 100% Orange Juice Milk	Breakfast Cinnamon Toast Applesauce Milk	Breakfast WGR Cereal Banana Milk
Lunch Chicken Parmesan, Noodle Broccoli, Fruit Cocktail Milk	Lunch Turkey and Cheese Wrap Green Beans, Pineapples Milk	Lunch Ham and Scalloped Potatoes Buttered Bread, Peaches Milk
PM Snack Graham Crackers Milk	PM Snack Yogurt Parfait, Water with WGR Cheerios	PM Snack Trail mix Milk



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