

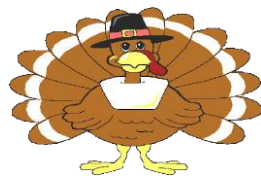
November 2018



1 Thursday	2 Friday
Breakfast WGR French Toast Sticks Mandarin Oranges Milk	Breakfast WGR Cereal 100% Orange Juice Milk
Lunch Taco Salad, Tortilla Chips Corn, Pears Milk	Lunch Cheeseburger on a Roll Cooked Carrots, Mixed Fruit Milk
PM Snack WGR Oatmeal Cookie Bar Milk	PM Snack Hard Boiled Egg Wheat Crackers, Water

5 Monday	6 Tuesday	7 Wednesday	8 Thursday	9 Friday
Breakfast WGR Cereal, Milk 100% Orange Juice	Breakfast Blueberry Bread Applesauce, Milk	Breakfast WGR Cereal Banana, Milk	Breakfast Waffles Mandarin Oranges, Milk	Breakfast WGR Cereal, Milk 100% Orange Juice
Lunch Breaded Chicken Pieces Mashed Potatoes w/gravy Peaches Milk	Lunch Beef & WGR Rice Casserole Cooked Carrots Fruit Cocktail Milk	Lunch Chicken Fajita Corn Pineapple Milk	Lunch WGR Spaghetti Meat Sauce Apricots, Salad Milk	Lunch Macaroni and Cheese Green Beans Applesauce Milk
PM Snack Ritz Bits Milk	PM Snack Corn Chex Milk	PM Snack Cucumbers/Carrots Crackers, Water	PM Snack Orange Slices, water Bagel w/Jelly	PM Snack String Cheese Apple Slices, Water

MENU SUBJECT TO CHANGE



12 Monday	13 Tuesday	14 Wednesday	15 Thursday	16 Friday
Breakfast WGR Cereal, Milk 100% Orange Juice	Breakfast English muffins w/jelly Apple Slices, Milk	Breakfast WGR Cereal Banana, Milk	Breakfast Yogurt Fresh Fruit, Milk	Breakfast WGR Cereal, Milk 100% Orange Juice
Lunch Meatball Sub Succotash Cantaloupe Milk	Lunch Chicken Rice Casserole w/WGR brown rice Pineapple, Cooked Carrots Milk	Thanksgiving Dinner Turkey, Stuffing, Gravy Mashed Potatoes, Corn Cranberry sauce, Pie, Milk	Lunch Zoo Crew Chicken Nuggets California Blend Veggies Apricots Milk	Lunch Cheeseburger on roll Green Beans Applesauce Milk
PM Snack Celery Sticks w/Wow Buttr Tods: wheat crackers/cukes, water	PM Snack Banana Bread Milk	PM Snack Chips and Salsa Water	PM Snack Cheese Slices, water WGR Crackers	PM Snack Trail Mix Milk

19 Monday	20 Tuesday	21 Wednesday	22 Thursday	23 Friday
Breakfast WGR Cereal, Milk 100% Orange Juice	Breakfast Orange Cranberry Bread Applesauce, Milk	Breakfast WGR Cereal Banana, Milk		
Lunch Beef BBQ on a Roll Smiley Fries Mixed Fruit Milk	Lunch Chicken Quesadilla w/Corn on WGR Tortilla Watermelon, Cheese, Salsa Sour Cream, Milk	Lunch Chicken Salad on Roll Green Beans, Oranges Milk	Happy Thanksgiving!!	Center Closed
PM Snack Hard Boiled Egg Ritz Crackers, water	PM Snack Chex Mix 100% Juice	PM Snack (Small Curd) Cottage Cheese Pears, Water		

26 Monday	27 Tuesday	28 Wednesday	29 Thursday	30 Friday
Breakfast WGR Cereal 100% Orange juice Milk	Breakfast WGR Cheese Toast Pears Milk	Breakfast WGR Cereal Bananas Milk	Breakfast WGR Bagel w/jelly Orange Slices Milk	Breakfast WGR Cereal 100% Orange Juice Milk
Lunch Chicken Pot Pie Peas, Applesauce Milk	Lunch Chef salad w/egg,turk,chs. Crackers, Orange Slices Milk	Lunch Chicken Alfredo Broccoli, Peaches Milk	Lunch Ham and Cheese Burrito Green Beans, Pineapple Milk	Lunch Grilled Cheese Tomato soup, Mixed fruit Milk
PM Snack Chips and Salsa Water	PM Snack Ritz Bits 100% Juice	PM Snack Oatmeal Muffin Squares Milk	PM Snack Cucumbers and Carrots Milk	PM Snack Yogurt parfait with cheerios water

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