

*Children age 12-24 months receive whole milk. Children age 25 months and older receive 1% milk

October 2020



1 Thursday	2 Friday
Breakfast WGR French Toast Sticks Mandarin Oranges Milk	Breakfast Yogurt Banana Milk
Lunch Taco Salad, Tortilla Chips Corn, Pears Milk	Lunch Egg Salad on a Roll Tater Tots, Mixed Fruit Milk
PM Snack Trail Mix 100% Juice	PM Snack Clementine/Oranges Crackers, Water

5 Monday	6 Tuesday	7 Wednesday	8 Thursday	9 Friday
Breakfast WGR Cereal, Milk 100% Orange Juice	Breakfast Yogurt Banana, Milk	Breakfast WGR Baked Oatmeal Peaches, Milk	Breakfast Waffles Mandarin Oranges, Milk	Breakfast WGR Cereal, Milk 100% Orange Juice
Lunch Breaded Chicken Pieces Mashed Potatoes w/gravy Peaches Milk	Lunch Beef & WGR Rice Casserole Cooked Carrots Fruit Cocktail Milk	Lunch Chicken Fajita Corn Pineapple Milk	Lunch WGR Spaghetti Meat Sauce Apricots, Salad Milk	Lunch Macaroni and Cheese Green Beans Applesauce Milk
PM Snack Chips and Salsa Water	PM Snack Ritz Bits 100% Juice	PM Snack Apple Slices Crackers, Water	PM Snack Yogurt parfait with cheerios Water	PM Snack Hard Boiled Egg Crackers, Water



MENU SUBJECT TO CHANGE



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12 Monday	13 Tuesday	14 Wednesday	15 Thursday	16 Friday
Breakfast WGR Cereal, Milk 100% Orange Juice	Breakfast English muffins w/jelly Apple Slices, Milk	Breakfast WGR Cereal Banana, Milk	Breakfast WGR Cheerios, Yogurt Fresh Fruit, Milk	Breakfast WGR Baked Oatmeal 100% Orange Juice, Milk
Lunch Chicken Patty on a Roll Peas Applesauce Milk	Lunch Chicken Rice Casserole w/WGR brown rice Pineapple, Cooked Carrots Milk	Lunch Baked Ziti with Meat Salad Mixed Fruit Milk	Lunch Meatball Sub Succotash Clementines Milk	Lunch Cheeseburger on roll Green Beans Applesauce Milk
PM Snack Scooby Snacks Milk	PM Snack Corn Chex Milk	PM Snack Celery Sticks, Wow Butter Tods: wheat crackers/cukes, water	PM Snack Trail Mix 100% Juice	PM Snack Clementine/Oranges Crackers, Water

19 Monday	20 Tuesday	21 Wednesday	22 Thursday	23 Friday
Breakfast WGR Cereal, Milk 100% Orange Juice	Breakfast Pancakes Applesauce, Milk	Breakfast Yogurt Banana, Milk	Breakfast WGR Baked Oatmeal Peaches, Milk	Breakfast WGR Cereal, Milk 100% Orange Juice
Lunch Beef BBQ on a Roll Smiley Fries Mixed Fruit Milk	Lunch Chicken Quesadilla w/Corn on Tortilla Pineapple, Cheese, Salsa Sour Cream, Milk	Lunch Chicken Salad on Roll Green Beans, Oranges Milk	Lunch Lasagna Salad Apricots Milk	Lunch (tods cooked carrots) Chicken Noodle or Rice Soup Carrots and Celery Sticks Mixed Fruit Milk
PM Snack Chex Mix Milk	PM Snack WGR Scooby Snacks Milk	PM Snack Hard Boiled Egg, Water WGR Wheat Crackers	PM Snack Banana Bread Milk	PM Snack Cheese Cubes Apples Slices, Water

26 Monday	27 Tuesday	28 Wednesday	29 Thursday	30 Friday
Breakfast WGR Cereal 100% Orange juice Milk	Breakfast WGR Baked Oatmeal Peaches Milk	Breakfast Yogurt Banana Milk	Breakfast Bagel w/jelly Orange Slices Milk	Breakfast WGR Cereal 100% Orange Juice Milk
Lunch Zoo Crew Chicken Nuggets California Blend Veggies Pears, Milk	Lunch Chef salad w/egg,turk,chs. WGR Crackers, Oranges Milk	Lunch Chicken Alfredo Broccoli, Pears Milk	Lunch Ham and Cheese Burrito Green Beans, Pineapple Milk	Lunch Grilled Cheese Sandwich Tomato soup, Mixed fruit Milk
PM Snack Ritz Bits 100% Juice	PM Snack Chips and Salsa Water	PM Snack Apple Slices WGR Crackers, Water	PM Snack WGR Scooby Snacks Milk	PM Snack Cucumbers and Carrots Milk

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